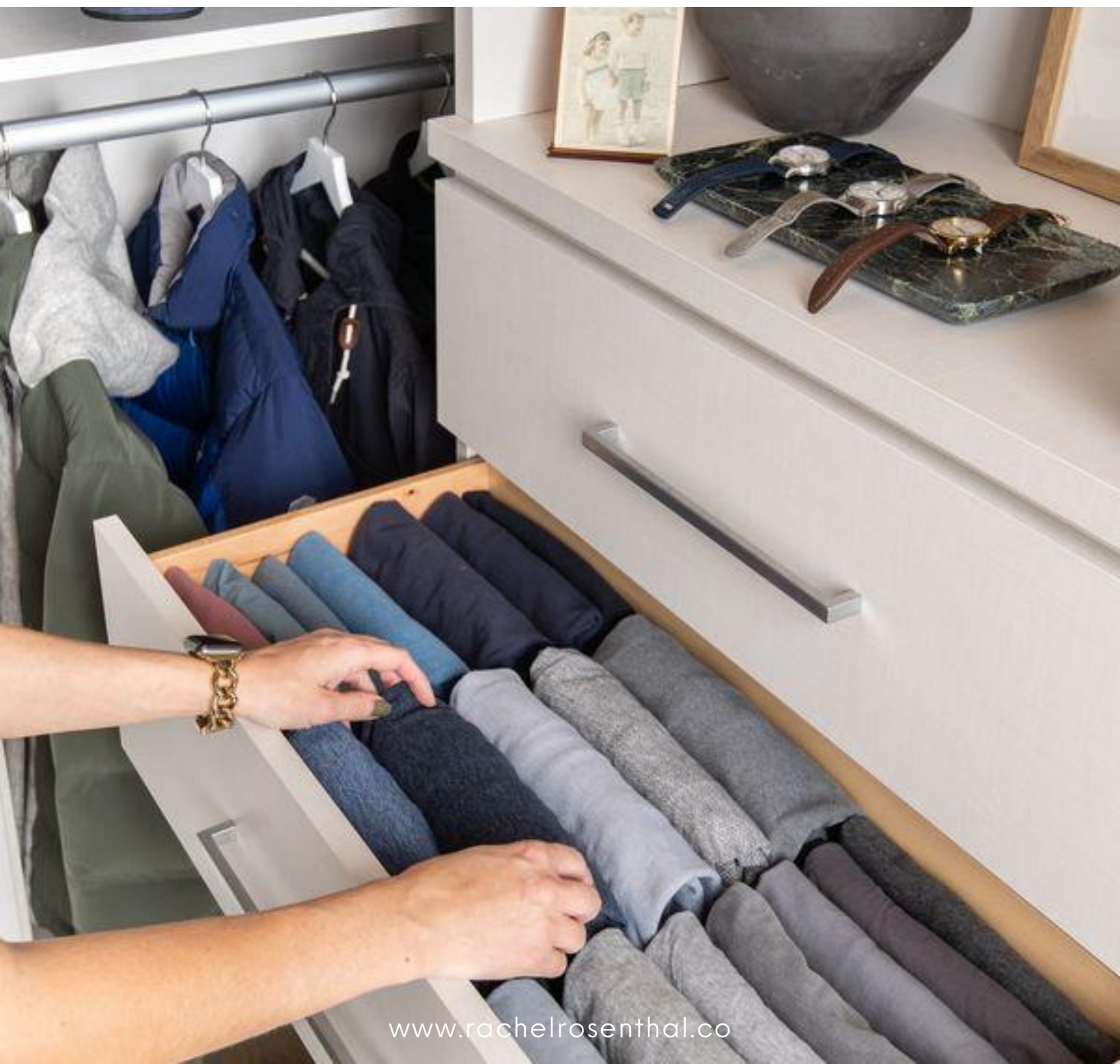
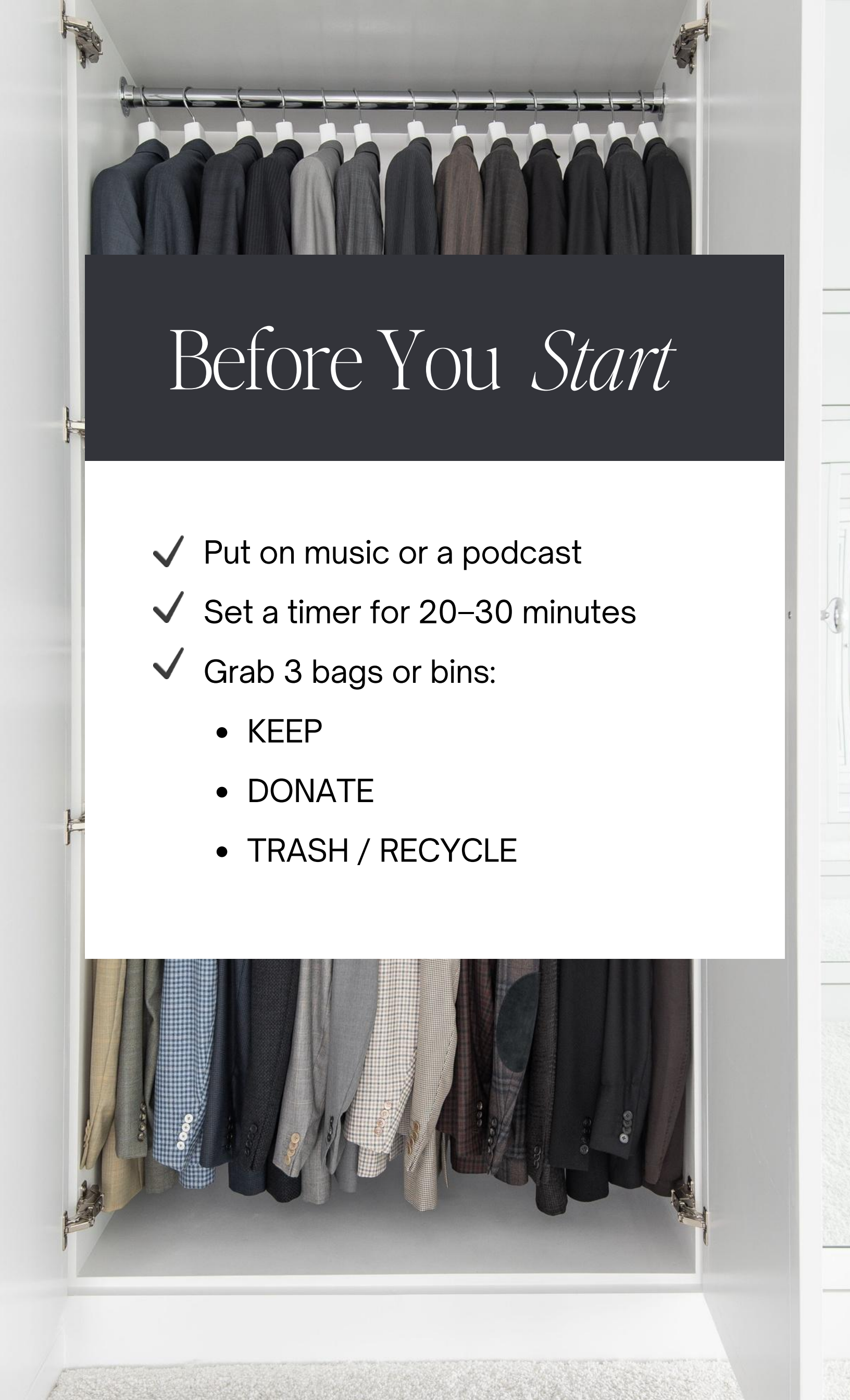


The Closet *Refresh Checklist*

A SIMPLE DECLUTTERING GUIDE FOR WHEN YOU
FEEL OVERWHELMED

FROM RACHEL ROSENTHAL
LUXURY HOME ORGANIZER





Before You *Start*

- ✓ Put on music or a podcast
- ✓ Set a timer for 20–30 minutes
- ✓ Grab 3 bags or bins:
 - KEEP
 - DONATE
 - TRASH / RECYCLE



Step 1:

Start *With Easy Win*

Pull out anything that is:

- stained
- ripped
- missing buttons
- stretched out
- uncomfortable
- “I can’t wear this without fixing it”

If it’s been sitting for a year... it’s not coming back.



Step 2:

The *“Do I Actually Wear This?”* Test

Ask yourself:

- Have I worn this in the last 12 months?
- Would I buy this again today?
- Do I feel like myself in this?

If the answer is no, it’s clutter.



Step 3 :

The *“Someday”* Section

This is where closets go to die.

If you’re keeping it because:

- you might lose weight
- you might need it
- you might go somewhere fancy
- it was expensive

That’s not a reason. That’s guilt.



Step 4:

The *"Fantasy Self"* Check

These are the clothes for the person you think you should be:

- the blazer you never reach for
- the heels you don't wear
- the dress you keep waiting to feel "right" in

Keep what supports the life you're living, not the life you're judging yourself for not living.



Step 5 :

Keep Only *Your Real-life* Favorites

Your closet should hold:

- the outfits you repeat
- the pieces you reach for first
- the items that make getting dressed easier
- the clothes that fit your current body



Step 6 :

Quick Organizing Reset *(After Decluttering)*

Once you've edited down:

- group by category (tops, jeans, dresses, etc.)
- hang by color (optional but calming)
- keep everyday items at eye level
- store special occasion items higher up
- use ONE basket for “dry clean / tailor” so it doesn't become a pile



Final Reminder

A calm closet is not about having less style.
It's about having less stress.

You don't need more space.
You need fewer things competing for it.

